

The Total Hockey Story

It was six years ago that Dean Talafous took his extensive hockey background and opened the first Total Hockey in Hudson, WI. Over the past six years, Total Hockey - Hudson, has experienced unparalleled results in developing hockey skills with the Total Hockey Training System.



Dean Talafous, founder of Total Hockey, NHL Player in 500+ games and Division 1 Coach.

Over the past two years, Dean has begun sharing his knowledge and passion with others resulting in ten new Total Hockey Training Centers throughout the U.S. and Canada.

Dean's vision of making the game more positive by helping players realize their full potential has certainly become a reality.

"With great dedication and passion for the game of hockey, Dean Talafous has created an amazing training concept for hockey players of all ages. His knowledge and understanding of the game of hockey explains the great success that Total Hockey has enjoyed over the last five years. Through his innovative training methods (first step quickness, multi-tasking, stick handling and shooting), hockey players of all ages have the opportunity to develop skills and become better hockey players. Dean has designed a training system that will revolutionize the way hockey players will train in the future."

Alain Nadeau
CDH Total Hockey Montreal

Register for the Spring 2009 camp today.



1820 Hanley Road #200
Hudson, WI 54016

~~SPRING 2009~~

**TOTAL
HOCKEY**
HUDSON



Featuring:

Dean & Pete Talafous running each session, providing unmatched experience, expertise & passion in skill development.

Plus, 3 on 3 small games, quick feet skating drills, off-ice skill development and Total Hockey-Hudson's NEW Innovative Scan Card Technology for players to receive immediate feedback, compare skills and track performance.

The "Total Package"
April 13 - May 21

www.totalhockeyhudson.com



Total Hockey - Hudson Spring 2009 Registration Form

Player Name:	Birth date:
Address:	
City, State, Zip:	
2007 - 08 Level:	Home Phone:
Parents Name(s):	Cell Phone:
E-mail Address:	Jersey Size (Adult):



Session (please select one)	Schedule	Time
___ Adv. Mites	Monday: On-Ice / Wednesday: Off-Ice	6:00 - 7:00 pm
___ Squirts	Monday: On-Ice / Wednesday: Off-Ice	6:00 - 7:00 pm
___ Squirts	Tuesday: On-Ice / Thursday: Off-Ice	6:00 - 7:00 pm
___ Peewees	Monday: On-Ice / Wednesday: Off-Ice	7:15 - 8:15 pm
___ Peewees	Tuesday: On-Ice / Thursday: Off-Ice	6:00 - 7:00 pm
___ Bantams	Monday: On-Ice / Wednesday: Off-Ice	7:15 - 8:15 pm
___ Bantams	Tuesday: On-Ice / Thursday: Off-Ice	7:15 - 8:15 pm
___ High School	Tuesday: On-Ice / Thursday: Off-Ice	7:15 - 8:15 pm

*Girls sign up for age appropriate group.

To Reserve A Spot:

Please mail signed registration form, along with a check for \$275 to:

Total Hockey - Hudson
1820 Hanley Road #200
Hudson, WI 54016
715-377-1440 or 800-209-8048

or

Register Online at:
www.totalhockeyhudson.com

Medical Insurance: _____ Policy Number: _____

Emergency Contact Person: _____ Phone Number: _____

Please read carefully: I agree that Total Hockey, Inc. will not be held responsible for any accidents, injury or loss of personal property, however caused, and agree to release Total Hockey from any claims or damages which may arise as a result of such accident, injury or loss. It is further agreed that all risk while watching and/or participating are assumed by the players and his/her parents and/or guardians and this assumption is acknowledged and approved by my signature below. I have read the foregoing and agree to the terms and conditions and certify that I am the player's parent or legal guardian.

Signature of Parent/Guardian: _____ Date: _____



Session Dates & Cost

- Session runs: April 13 - May 21
- 6 Weeks / 12 Sessions
- Fee: \$275 Per Player

Program Overview

- 3 on 3 Small Games**
 - Half ice games to develop and teach rink sense, creativity and decision making.
 - Focuses on bringing back the fun and enjoyment of the game without scoreboards and referees.
 - Emphasis on learning to carry the puck to gain confidence in game situations.
- Quick Hands/Quick Feet Drills**
 - Focus on a player's ability to change directions and accelerate quickly while handling the puck & seeing plays in front of them.
 - Players will be encouraged to perform drills "out of their comfort zone."
- Off - Ice Development**
 - Exclusive Scan Card Technology for players to receive immediate feedback, performance tracking and age comparisons.
 - Improve puck handling skills and become more confident in play making ability.
 - Develop a harder shot while learning how to get shots off quicker & more accurately.
 - Hockey Specific Multi-Tasking training designed to improve a player's ability to skate faster with a puck and their head up.

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