

STMA SEA DEVILS October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DL –indicates *Dryland*		1 **Copper Practice Time changed to ** 7:15-8:30 pm	2	3	4
5	6 MS Meet <u>No Practice</u> c/s/g -DL at home on your own	7 B-6:45-7:45 c- 6:45-8:15 S/G -7:45-9:15 S/G 7:00-7:30 *DL	8 D-6:15-7:00 B-6:15-7:15 C-7:00-8:15 S-7:15-8:45 G-7:15-9:15 C- 8:30-9:00 * DL*	9 <u>No Practice</u> HS Meet S/g * DL at home	10 D-6:15-7:00 C-7:00-8:15 S/G-7:15-9:00 C-8:30-9:00 * DL	11 C/s/g Dryland at home on your own
12	13 B-6:45-7:45 C-7:15-8:30 S/G- 7:45-9:15 c/s/g -DL –on your own at home	14 B-6:45-7:45 C-7:15-8:30 S- 7:45-9:00 G-7:45-9:15 c/s/g- DL on your own at home	15 D-6:15-7:00 C-6:45-8:15 S-7:15-8:45 G-7:15-9:15 C/s/g-DL on your Own at home	16 MEA <u>No Practice</u> c/s/g- DL at home on your own	17 MEA <u>No Practice</u> c/s/g- DL at home on your own	18 c/s/g – DL at home on your own
19	20 B-6:45-7:45 C-6:45-7:45 s/g-7:45-9:15 s/g 7-7:30 *DL	21 D 6:45-7:30 C-6:45-8:15 S/G-7:45-9:15 C -8:30-9:00 * DL	22 B -6:15-7:15 C-6:15-7:45 S-7:15-8:45 g-7:15-9:15 C-8:00-8:30 *DL s/g-6:30-7:00 *DL	23 <u>No practice</u> HS Meet c/s/g DL at home on your own	24 <u>No Practice</u> MS Activity night	25 NHCP Swim Meet At Maple Grove
26 NHCP Swim Meet At Maple Grove	27 B-6:45-7:45 C-6:45-7:45 s/g -7:45-9:15 s/g 7-7:30 *DL	28 B-5:00-6:00 D-6:00-6:45 C-6:00-7:30 S/G – 6:45-8:45 c-7:45-8:15 * DL S/G -6:-6:30*D L	29 D-6:15-7:00 C-6:15-7:30 S-7:00-8:30 G-7:00-9:00 C- 7:45-8:15 *DL	30 B-6:45-7:45 C-6:45-7:15 s/g 7:45-9:15 S/g 7-7:30 *DL	31 Happy Halloween No Practice	

