



Parents Code of Conduct

2007-2008 Hockey Season

It is the intention of the Des Moines Capitals Hockey Club to provide a positive experience for all players to enjoy the game of hockey and become great citizens. It is expected that all parents of Capitals players read and understand the Parents Code of Conduct and continue to observe and follow all the principles contained within the Code throughout the year.

- I will respect the players, coaches, other parents, opponents and officials.
- I understand my Capital player needs to be on time for all team related activities (practices, games, team meals, etc.).
- I understand unexcused lateness or absence may result in loss of playing time.
- I will learn the rules set forth by our coaches, the Midwest High School Hockey League and USA Hockey and I will hold my Capital player accountable for any violation of these rules.
- I will not lash out at any official, no matter what the call is. I understand our coaches will handle all matters pertaining to officiating.
- I will not be critical of the hockey program, coaches or other players in front of my Capital player.
- If I have a concern, I will speak directly to the Team Representative.
- I realize I am a representative of the Des Moines Capitals Hockey Club and I will conduct myself in a befitting manner at all times.
- I understand behaviors reflecting poorly on the Des Moines Capitals Hockey Club during any official team function will result in disciplinary action as determined by Des Moines Capitals Board of Directors.
- I will insist that my Capital player plays in a safe and healthy environment. I will support a sports environment that is free of alcohol, drugs or tobacco.
- I will authorize my Capital player to participate in the Capitals' Drug Testing Program.

Midwest High School Hockey League Policy

Section H.

MHSHL STANDARD ON TOBACCO USAGE. Any player who uses tobacco products, or is in the possession of tobacco products, will for the first offense be suspended for the next two (2) scheduled games. For the second offense, a player shall be suspended for four (4) scheduled games and is on one year probation from the first offense. This means that if another offense occurs within the year of probation, the player is suspended for one calendar year from the date of the second offense. If the player has no violation within the year after the first offense, full eligibility is restored. This policy begins September 1st and is effective through the Chicago Showcase. Suspensions herein are minimum suspensions and if local policies are harsher they shall prevail.

Section I.

MHSHL STANDARD ON ALCOHOL, DRUGS OR CRIME. Any player who uses or has possession of alcoholic beverages, including beer, or illegally controlled substances, including marijuana, or who is legally convicted of committing a crime (excluding minor traffic violations) or who agrees to enter into a diversion agreement in lieu of a conviction, will automatically be suspended. For the first offense the player will be suspended for the next four (4) scheduled games. After the first offense, a player is on one calendar year probation from the first offense. This means that if a second offense occurs within the year of probation, the player is suspended for one calendar year from the date of the second offense. If the player has no violation within the year after the first offense, full eligibility is restored. This policy begins September 1st and is effective through the Chicago Showcase. Suspensions herein are minimum suspensions and if local policies are harsher they shall prevail.

I have read and understand the above Parents Code of Conduct, and agree to abide by its guidelines at all team and league activities. I understand that if I do not follow the Parents Code of Conduct, I may be asked to leave the league activity (such as a game or practice) or I may be asked to withdraw my Capital player from the league.

PRINT PARENT NAME(S): _____

PARENT SIGNATURE: _____

PARENT SIGNATURE: _____

DATE SIGNED: _____

PRINT PLAYER'S NAME: _____