

PRIVATE PITCHING INSTRUCTION

LEARN THE MECHANICS TO IMPROVE PITCHING VELOCITY AND ACCURACY WHILE REDUCING RISK OF INJURY

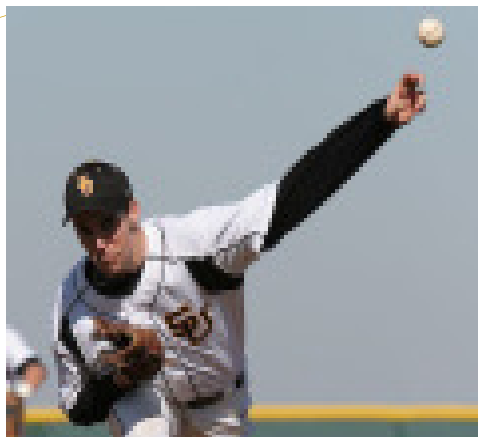


**Brantley Freeman
Private Instruction**

**BRANTLEY
FREEMAN**

Pitcher
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Private Instruction includes one full hour of mechanical analysis from working on a mound to develop the natural movements that improve pitching performance and reduce risk of injury. The focus will be to eliminate stress from the throwing arm and focusing on utilizing the lower body to increase velocity. Lessons will include personal instruction with video analysis so the pitcher can see himself and understand his mechanical flaws. Learn the proper mechanics of long time successful pitchers like Nolan Ryan, Sandy Koufax, Bob Feller, Tom Seaver, and many other professionals. Price is \$30.00 per lesson.