



# MYS WEEKLY SWEEPER

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## TSL TRAINING

**Wednesday, October 11 - 7:00-9:00 PM**, McLean High School, Room #187 (up the hall from the cafeteria). Last session of the Fall. If your team doesn't have a trained TSL parent, please be sure to have someone attend. For more information please go to: [http://mcleansoccer.org/web/BaseRenderer.aspx?tid=250&Rm\\_Left=Yes](http://mcleansoccer.org/web/BaseRenderer.aspx?tid=250&Rm_Left=Yes)

## CURT ONALFO/MYS SOCCER TRAINING

**One-Night Coaching Clinics** - House coaches will learn proven age-appropriate coaching techniques from MYS Technical Director Curt Onalfo and clinician Karen Kelser. Mondays, 7:30-8:30PM. **U11-U12-Oct. 16**. Location: Lewinsville Park Field #2. For more info go to <http://www.mcleansoccer.org/web/BaseRenderer.aspx?ItemId=2353>.

**Goalkeeper Clinics** - House goalkeepers will learn basic activities and techniques from nationally-licensed goalkeeper trainer Sean Lanigan. 4:30-5:30PM. U13 & Older-Oct. 4. Location: MYS Field.

**Winter Program** - Developmentally appropriate indoor training from December through March at area Sport & Health Clubs. The best way to improve this winter is under the guidance of COS trainers. Go to COS website for details: <http://www.teamcos.net> email [winter@teamcos.net](mailto:winter@teamcos.net) or call 703-437-8135.

## NO GAMES COLUMBUS DAY WEEKEND

**There are no regularly scheduled games for House League or U5 soccer sessions.**

## DONATE YOUR OLD TRAVEL UNIFORMS

Collection boxes will be set up and manned at LP2 on the following dates:

LP2: Wednesdays, Oct 11 and Oct 18 (during MPS training) from 5:15pm – 8:45pm.

LP2: Mondays, Oct 16 and Oct 23 (during MPS training) from 6:15pm – 7:45pm.

## MISC STUFF

Field status reminder: there are two ways to check field status: call 703-761-1601 or go to [www.mcleansoccer.org/fieldstatus](http://www.mcleansoccer.org/fieldstatus). Please note that field status is updated only when there are closed fields; so if you see or hear a prior date then you can assume your field is open. The only exception is for fields that are closed for the season.

Trash Reminder: Please pick up all your trash before you leave your practice or game. This is becoming especially important as it gets dark at the end of practices and games. Please look around and keep are field clean.

## HOUSE LEAGUE TEAM WEBSITE

We have our first house league team website. Check out the Donohue/Signori Green Snakes at <http://www.mcleansoccer.org/web/baserenderer.aspx?itemid=2685>. Set up your own. Follow the link [www.mcleansoccer.org/houseteams](http://www.mcleansoccer.org/houseteams) and see how to do it! It's fun for your team.