

David A. Fricke
2208 West 3rd Street
Waterloo, IA 50701
(319) 239-4880

EDUCATION

University of Northern Iowa, Cedar Falls, IA
Master of Science - Athletic Training, August 2006

Northeast Metro Technical School, White Bear, MN
Associates Degree: Orthotic Technician, January 1994
Objective: Orthotic Practitioner

Eastern Kentucky University, Richmond, KY
Bachelor of Science - Physical Education, May 1990
Emphasis: Athletic Training

PROFESSIONAL EXPERIENCE

Cedar Valley Medical Specialist PC - 2003-Present

- Licensed and Certified Athletic Trainer
- Supervisor and Head Athletic Trainer
Assisted in the coordination of contracts w/ high schools and promoting Athletic Training at their events.
- Head Athletic Trainer West Waterloo High School
Covered all high school sporting events and practices.
- Covered Waterloo Warriors high school hockey club
- Maintained patient load under supervision of a Physical Therapist
- Managed and assisted in the development of XL Sports Acceleration Program
- ACI for student athletic trainers from UNI.

Covenant Medical Center, Waterloo, IA - 1994-2003

Outpatient Physical and Occupational Therapy Clinic

- Licensed and Certified Athletic Trainer:
- Maintain patient load under supervision of a Physical Therapist
- Directed rehabilitation of patients in physical therapy/sports injury setting to assess sports injuries and design home exercise programs on a walk-in basis
- Documented daily progress notes and physician letters, measuring and fitting off the shelf and custom braces
- Head Athletic Trainer West Waterloo High School
- ACI for student athletic trainers from UNI.
- Head Athletic Trainer Waterloo Blackhawk's (Jr. "A" Hockey), Waterloo Bucks (College Baseball), Waterloo Warrior's high school hockey club
- Assisted in the coordination of contracts w/ high schools and promoting Athletic Training at their events

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Trautman's Orthotic and Prosthetic Lab, Minneapolis, MN- January 1994 to June 1994

Orthotic Technician, Fabricated orthotic braces

St. Paul Saints Professional Baseball Club, St. Paul, MN - May 1993 to September 1994

Head Athletic Trainer,

- Evaluated, treated and rehabilitated athletes' injuries along w/daily game duties,
- Kept medial records, supervised strength and conditioning programs
- Coordinated Travel arrangements, including; hotels, meals, and daily per diem

Coplin Physical Therapy, Minneapolis, MN - September 1992 to September 1994

Head Athletic Trainer for St. Paul Vulcan's (Jr."A" Hockey) –

- Covered High School sporting events St. Paul and Minneapolis

Madison Central High School, Richmond KY - September 1990 to November 1990

Athletic Trainer, covered high school football

New York Mets Professional Baseball Club, Flushing, NY - 1989 to 1992

Staff Athletic Trainer for Rookie and Class A Baseball

- Evaluated, treated and rehabilitated athletic injuries
- Coordinated all injuries with Minor league Director and Head Minor league Athletic Training Coordinator
- Kept medial records, supervised strength and conditioning programs
- supervised equipment manager and clubhouse attendants

PROFFESIONAL AFFILIATIONS / CERTIFICATIONS

- Certified NATA, 1992 to present
- Licensed State of Iowa, 1999 to present
- Mid-American Athletic Trainers Association, 1994 to present
- American Heart Association CPR Certified
- Quality Improvement Committee
- Outpatient Physical Therapy Purchasing Representative
- Outpatient Physical Therapy Athletic Trainer Co-chairman Iowa Games 1997 and 1998 CF District
- Supervised and Coordinated athletic trainers for Midwest and National USA wrestling in Waterloo 1996-1999, 2001, 2002, 2004, 2005, 2006

Continuing Education Specialties

- When the foot Hits the Ground, March 1995
- Strain Counterstrain I for the Spine, April 21-23, 2006
- Strain Counterstrain II for the Extremities, May 17-19, 2007

AWARDS

- Presented Case Study at 2005 NATA Convention
- Presented at 2005 Iowa Athletic Training Society (Students Workshop)
- UNI ACI Athletic Trainer of the Year for 2003-2004 school year
- Northwood's League All-Star Athletic Trainer 1995, 1996
- Waterloo Bucks NWL Champions 1996
- USHL All-Star Athletic Trainer 1995
- Northern League Champions St. Paul Saints 1993
- South Atlantic League All-Star Athletic Trainer 1989
- OVC Champions Baseball 1989, Co Champions Football 1990 Eastern KY University
- Dr Mary Lloyd Ireland Scholarship winner ECU 1990

References with addresses and phone numbers

Mr. Walter Svoboda
Physical Therapist Covenant Medical Center
211 E. Ridgeway
Waterloo, IA 50702
319-272-1750

Mr. Jeff Frost
Athletic Director Waterloo West High School
425 E. Ridgeway
Waterloo, IA 50702
319-433-2700

Dr. Anthony Pappas
Waterloo West Administrator and Head Girls Basketball Coach
425 E. Ridgeway
Waterloo, IA 50702
319-433-2700