



U5-U6 Recreation Laws of the Game

Law I: The Field of Play	<ul style="list-style-type: none">➤ Field: 15-20 yards wide x 20-30 yards long (length must exceed width)➤ Goal: 4 feet tall x 6 feet wide➤ Goal area: 10-foot arc from the center of the goal➤ Midfield circle: 3-yard radius➤ Corner arc: 2-foot radius➤ Coaches and players will occupy one side of the field; fans will be on the opposite side.
Law II: The Ball	<ul style="list-style-type: none">➤ Size 3➤ The designated home team shall supply the game ball.
Law III: Number of Players	<ul style="list-style-type: none">➤ 3 field players; no goalkeepers➤ Substitutions: Allowed at any stoppage of play except free kicks.➤ All players present must play a minimum of half the game
Law IV: Player's Equipment	<ul style="list-style-type: none">➤ <u>Shinguards are mandatory.</u> Socks must cover the shinguards.➤ Tennis shoes (sneakers) or soft cleats (no toe cleat)➤ Supplied jersey➤ Shorts. Undergarments (sweat pants and sweatshirts) may be worn during cold weather
Law V: Referee	<ul style="list-style-type: none">➤ A parent or coach will serve as referee.➤ The referee should explain the rules to the players, parents, and fans during the course of the game.
Law VI: Asst Referee	<ul style="list-style-type: none">➤ Not required.
Law VII: Duration of Match	<ul style="list-style-type: none">➤ 4 8-minute quarters➤ 5-minute halftime, 2-minute break between quarters 1 & 2 and 3 & 4➤ No overtime in regular season games
Law VII: Starts and Restarts	<ul style="list-style-type: none">➤ Kick-off at the start of the match and second half. Opponents must be 3 yards from the center mark until the ball is in play.➤ Ball is in play when it is kicked and moves forward.➤ The kicker of any restart cannot touch the ball again until it has touched another player.
Law IX: Ball In and Out of Play	<ul style="list-style-type: none">➤ The ball is out of play when it has completely crossed over the line
Law X: Method of Scoring	<ul style="list-style-type: none">➤ A goal is scored when the ball has completely crossed over the goal line between the goal posts and under the crossbar.➤ Goals may not be scored directly from a kick-off.➤ Scores and standings are not kept at this age.
Law XI: Offside	<ul style="list-style-type: none">➤ Not enforced.



Law XII: Fouls and Misconduct	<ul style="list-style-type: none">➤ The object at this age is to teach the rules, maintain a fun atmosphere and not stop the game for the slightest infraction.➤ A direct free kick will be awarded for: kicking an opponent, tripping, jumping or charging at an opponent, striking or attempting to strike an opponent, pushing, spitting, holding, or a handball.➤ An indirect free kick will be awarded for: dangerous play, obstruction, or delay of game.➤ <u>Goal Arc Rule:</u> The ball must be inside the goal arc before any player (attacker or defender) can enter the arc area. ➤ <u>Slide tackling is absolutely prohibited at this age.</u>
Law XIII: Free-Kicks	<ul style="list-style-type: none">➤ For both direct and indirect kicks, the ball must be stationary when the kick is taken and the kicker may not touch the ball a second time until it touches another player.➤ Opponents must be 3 yards from the ball.➤ The player kicking the ball may score directly from a direct free kick.➤ An indirect free kick must touch another player from either team before going into the goal to count. The referee signals indirect free kick by raising his/her arm above head.
Law XIV: Penalty Kick	<ul style="list-style-type: none">➤ Since there is no penalty area, a penalty kick cannot be awarded.
Law XV: Throw-In	<ul style="list-style-type: none">➤ Retries are allowed.➤ An attempt that generally follows the proper throw-in motion shall be considered good.➤ The referee should explain proper form as necessary.
Law XVI: Goal-Kick	<ul style="list-style-type: none">➤ Awarded when the attacking team kicks the ball over the goal line but not into the goal.➤ Kick is taken from any point on the goal arc.➤ Opponents must be 3 yards from the ball until it is kicked.➤ The player kicking the ball may not score directly from a goal kick.➤ The kicker cannot touch the ball again until it has touched another player.
Law XVII: Corner- Kick	<ul style="list-style-type: none">➤ Awarded when the defending team kicks the ball over its own goal line but not into the goal.➤ Kick is taken from within the corner arc by the attacking team.➤ Opponents must be 3 yards from the ball until it is kicked.➤ The player kicking the ball may score directly from a corner kick.➤ The kicker cannot touch the ball again until it has touched another player.