



# NEW YORK SPORTS ACADEMY

## ENROLLMENT APPLICATION:

## Multi-Sport (Boys & Girls Ages 4-7) 2012

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age (as of July '12) \_\_\_\_\_  
 Address \_\_\_\_\_ School \_\_\_\_\_ Grade (Sept.) \_\_\_\_\_  
 Town \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_  
 Father's Bus. Tel \_\_\_\_\_ Mother's Bus. Tel \_\_\_\_\_ Email \_\_\_\_\_

CHOICE OF WEEKS Please check:	TUITION SCHEDULE Please check:	MULTI-WEEK SAVINGS	FULL DAY <input type="checkbox"/> Please check 9:30 a.m.-4:00 p.m.	MINI-DAY <input type="checkbox"/> Please check 9:30 a.m.-2:00 p.m.	DEPOSIT
<input type="checkbox"/> June 25-29	<input type="checkbox"/> Any One week		\$ 365	\$ 330	\$ 150
<input type="checkbox"/> July 2-6 <small>(No Class July 4th)</small>	<input type="checkbox"/> Any Two weeks	<b>-\$ 45</b>	\$ 685	\$ 615	\$ 250
<input type="checkbox"/> July 9-13	<input type="checkbox"/> Any Three weeks	<b>-\$ 80</b>	\$ 1015	\$ 910	\$ 350
<input type="checkbox"/> July 16-20	<input type="checkbox"/> Any Four weeks	<b>-\$ 125</b>	\$ 1335	\$ 1195	\$ 450
<input type="checkbox"/> July 23-27	<input type="checkbox"/> Any Five weeks	<b>-\$ 170</b>	\$ 1655	\$ 1480	\$ 500
<input type="checkbox"/> July 30 - Aug. 3	<input type="checkbox"/> Any Six weeks	<b>-\$ 225</b>	\$ 1965	\$ 1755	\$ 550
<input type="checkbox"/> August 6-10	<input type="checkbox"/> Any Seven weeks	<b>-\$ 290</b>	\$ 2265	\$ 2020	\$ 600
<input type="checkbox"/> August 13-17	<input type="checkbox"/> All Eight weeks	<b>-\$ 360</b>	\$ 2560	\$ 2280	\$ 650

### Please check options as needed:

- Lunch \$35 per week  
 Transportation (Nassau, Suffolk & Queens) \$135 per week  
 Transportation (Manhattan) \$150 per week

**Tuition Includes: Athletic bag, hat t-shirt, snack & beverages daily, rainy day field trips and awards.**

TOTAL \_\_\_\_\_

### Parent or Guardian must sign below:

As parent or legal guardian of above applicant, I authorize the New York Sports Academy to request medical treatment as necessary to insure the well-being of the applicant. Permission is hereby granted on rainy days to transport my child to indoor facilities on and off campus as needed. We, the undersigned, for ourselves, our heirs, executors and administrators, waiver and release and forever discharge, R&R Athletic Enterprises LTD., New York Sports Academy, New York Baseball School, Inc., New York Baseball Academy, New York Softball School LTD., Horizon Program and New York Institute of Technology, its staff, officers, agents, representatives, employees, successors and assigns of and from any and all rights and claims for damages to person or property which may be sustained or occur during participation in activities, to or from program, whether paid damages, injury or loss are due to negligence or any other cause. Photos of participants may be used by the NYSA for publicity purposes.

Parent / Guardian \_\_\_\_\_ Date \_\_\_\_\_

### NEW YORK SPORTS ACADEMY TRANSPORTATION CARD PLEASE PRINT

Town \_\_\_\_\_ e.g. (Manhasset, Rockville Centre, Forest Hills, etc.) No. of Participant(s) \_\_\_\_\_  
 To Be Picked Up at This Address \_\_\_\_\_  
 Home Tel # \_\_\_\_\_ Business Tel # \_\_\_\_\_  
 \_\_\_\_\_ Last Name(s) First \_\_\_\_\_  
 \_\_\_\_\_ Number and Street Address \_\_\_\_\_  
 Our street is located between: \_\_\_\_\_ and \_\_\_\_\_ street  
 \_\_\_\_\_ street \_\_\_\_\_ street  
 Closest Major Intersection: \_\_\_\_\_ and \_\_\_\_\_ street \_\_\_\_\_ street

Call for Open House dates!  
516.922.1439



New York Sports Academy  
P.O. Box 237  
Greenvale, NY 11548

Make check payable to:  
New York Sports Academy

Mail application & non refundable deposit to:  
New York Sports Academy  
P.O. Box 237  
Greenvale, NY 11548

Or, register online at:  
[www.nysportsacademy.com](http://www.nysportsacademy.com)  
516.922.1439

For Office Use

Deposit \_\_\_\_\_  
 CK# \_\_\_\_\_  
 Date \_\_\_\_\_  
 B \_\_\_\_\_  
 FD Taken \_\_\_\_\_  
 Payment \_\_\_\_\_  
 CK# \_\_\_\_\_  
 Date \_\_\_\_\_

PHYSICAL FITNESS • INSTRUCTIONAL SWIM • BASEBALL  
 SOCCER • TENNIS • BASKETBALL • GOLF • LACROSSE  
 SOFTBALL • FOOTBALL • HOCKEY

# NEW YORK SPORTS ACADEMY BOYS & GIRLS MULTI-SPORT PROGRAM AGES 4 THROUGH 7

with our patient, positive and professional staff



on the beautiful campus of  
**NEW YORK INSTITUTE OF TECHNOLOGY  
OLD WESTBURY**

SWIMMING POOL, TENNIS COURTS, ATHLETIC FIELDS  
 PRIVATE EDUCATION HALL INDOOR AIR CONDITIONED FACILITY  
 DOOR TO DOOR TRANSPORTATION & HOT LUNCH

**JUNE 25th – AUGUST 17th**  
 FULL DAY 9:30AM - 4:00PM  
 MINI-DAY 9:30AM - 2:00PM

CUSTOMIZE YOUR SUMMER PROGRAM 1 - 8 WEEKS AVAILABLE!

**516.922.1439**  
[www.nysportsacademy.com](http://www.nysportsacademy.com)

(Register by Mail or Online)

Return Service  
Requested  
**PRSR STD**  
**PAID**  
 Permit No. 10  
 Locust Valley,  
 NY 11560

## ADMINISTRATION



**Rita Hirschfield** has 36 years of experience in providing you with a caring, professional environment which will meet your child's individual needs. Please give us a call at **922-1439** with any questions or special needs you or your child might have. M.A. Student Personnel Administration, Columbia University.



**BILL TIMMES** has been Director of the New York Sports Academy since its inception 17 years ago. He is an elementary Physical Ed. teacher in the Freeport School District as well as the Varsity Baseball Coach for Freeport High School. He is a former outstanding student athlete for C.W. Post College. Bill brings 23 years of multi-sport development experience with pre-school and elementary school age children to our program.



**Pam Doughty** returns to our administrative staff for her 11th year. Pam received her Bachelors Degree in communications and her Masters Degree in Elementary Education. She is an elementary teacher in the Half Hollow School District in Dix Hills. Pam will be accessible to parents everyday throughout the summer months in our Sports Academy office.

## LEAD INSTRUCTORS



### SHANE ZARZYCKI

- All-Big East Scholar Athlete at St. John's University - Baseball
- Masters Degree in Physical Education from Hofstra University
- Lead Instructor at NYSA for the past 13 years
- Assistant Varsity Baseball Coach - Levittown Division Avenue H.S.



### ANDREW KROELL

- Certified Phys. Ed Teacher
- Former Captain C.W. Post Football
- All-Northeast Region Honors



### KATE VESCE

- Former Captain Cornell University Lacrosse Team
- 11 Years enthusiastic coaching experience with young athletes



### PAM KELLY

- Certified Special Ed. Kindergarten Teacher
- Experienced coach with the Sports Academy past 3 yrs.



### JASON HOOVER

- Certified Phys. Ed Teacher
- Former Assistant C.W. Post Lacrosse Coach



### BOBBY O'BRIEN

- Golf Director Pinnacle Golf Club, RVC
- Lead Instructor - Wheatley Hills G.C. Junior Golf program



### BETTY BOHRINGER

- Elementary Phys. Ed teacher
- 3 Sport Athlete at Cortland State
- Lead Soccer Instructor



### KATE FISHER

- Four year starter C.W. Post Softball
- Experienced Instructor in both the Sports & Softball Academy



### KEVIN NYARADY

- Former Captain Fairfield University Tennis Team
- Division I-All MAAC conference selection

Please call **516.922.1439** for Open House dates.

## ENROLLMENT INFORMATION

**Tuition** Children may attend from one thru eight weeks. A **sliding discount** scale applies to multiple week enrollments. Tuition schedule for both Full Day and Mini-Day programs appears on the application form. Tuition includes instruction, secondary medical insurance, T-shirt, hat, athletic bag, snack, rainy day field trips and awards.

**Family Discount** \$50 off Total Tuition if 2 children enroll for 1 week. An additional \$25 will be discounted for each additional week that 2 children attend. In addition, each child also receives our Multi Week discounted tuition rate. Mini Day discounts for 2 children begin at \$35 and increase by \$15 each additional week. These reductions also apply to sibling participation within the:

**New York Baseball Academy**  **New York Softball Academy** 

**Transportation** Transportation (Nassau, Suffolk & Queens) will be \$135 per week. This service is available to Full-Day participants only and is in conjunction with the New York Baseball Academy and New York Softball Academy. **In all cases, this service will be door to door.** Manhattan service will be \$150 per week.

**Lunch** Hot lunch will be served in our private Education Hall cafeteria. Menus will include e.g. hamburgers, hot dogs, pizza, chicken fingers or tacos. Sandwich alternatives are available on a daily basis. Every lunch will also include juice, salad and dessert. The fee for this service is \$35 per week. In lieu of the lunch option, children may bring their own lunch which will be refrigerated.

**Health Statement** Each participant **must** provide us with a completed health form signed by your physician. Immunization records are necessary for all swimmers. This form will be mailed to you on upon receipt of your application.

**Medical Care** Certified First Aid, CPR, Lifeguards and Water Safety personnel.

**Equipment** Swim suit and towel are required on a daily basis. A T-shirt and shorts with sneakers is recommended. An official NYSA T-shirt and athletic bag will be provided to each student. Other personal items such as a baseball glove may be brought from home. All other necessary equipment for each sport area will be provided by the New York Sports Academy.

**Swim** Through the Horizon Summer Program we provide daily ability level swim instruction. Lessons are given by certified Lifeguards and our water safety instructor.

**Time** Our program begins at 9:30 a.m. daily. Mini day ends at 2:00 p.m. and the full day at 4:00 p.m.

## Method of Payment

1. Scheduled **non-refundable** deposit submitted with each application.
2. **Balance is due four (4) weeks prior** to the start of our program.
3. All **transportation cancellations** must be made **at least two weeks prior** to the Monday start of each week **or the transportation charge will be incurred.**

## Directions to New York Institute of Technology Old Westbury Campus

Long Island Expressway to exit 39 (Glen Cove Road-North) to Northern Blvd. (Route 25A). Turn right, onto Northern Blvd. and continue to the third traffic light. The New York Institute of Technology entrance is on the right.

From eastern Long Island, take LIE to exit 41N (Route 107-North) to Northern Blvd. (Route 25A). Turn left and continue to fourth traffic light. The New York Institute of Technology entrance is on the left.

## BOYS AND GIRLS AGES 4-7

### MULTI-SPORT PROGRAM

All equipment and playing surfaces are appropriately sized to the young athlete.

#### Physical Fitness

Obstacle course  
Relays  
Fundamental Motor Patterns  
Crab Soccer  
Simple exercises  
Basic stretching  
Kickball

#### Lacrosse

Goalie  
Scoop  
Cradle  
Shooting  
Catching

#### Golf

Swing/Driving  
Putting

#### Swimming

Red Cross instruction

#### Tennis

Forehand  
Backhand  
Serve

#### Track

Speed development  
Running form  
Sport related drills

#### Soccer

Trap  
Pass  
Shooting  
Goalie  
Dribbling

#### Basketball

Passing  
Shooting Skills  
Dribble

#### Baseball/Softball

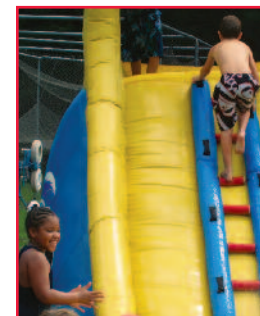
Hitting  
Throwing  
Fielding  
Game play

#### Hockey

Shoot  
Pass

#### Football

Punt  
Pass  
Kick



Our experienced staff includes certified elementary and physical education teachers, as well as outstanding collegiate athletes.

## INSTRUCTIONAL PROGRAM

Physical Education is an integral part of any youngster's development. Here at the Sports Academy a young child can have a first-hand experience by being introduced to many different sports activities on a daily basis. Enthusiastic, talented coaches are the key!

Various motor skills and patterns of movement developed at an early age will help to increase coordination and athletic ability as your child grows. Programs are developed to start with a youngster at his/her given ability level and move forward from that point.

We believe and have first-hand knowledge and experience that small children can be properly taught the meaning of teamwork, cooperation and sharing through small group participation. With our structured environment, each child can improve his skills while developing a positive feeling of confidence and a lifelong love of sports. In each sport area, children will find an experienced, caring, patient and knowledgeable staff member. Our low ratio of coach to player (1:7) will ensure your child's personal attention.

## TYPICAL DAILY SCHEDULE

9:30 Orientation to daily activities	1:00 Sports instructional classes*
9:45: Small group Instructional Swim & Morning Sport Specialty	2:00 Dismissal - mini-day / Snack
11:00 Sports instructional classes*	2:00 Afternoon water activity
12:00 Lunch	2:45 Sports instructional classes*
12:30 Air conditioned Indoor/Outdoor Sport	3:45 Student review session / Snack
4:00 Dismissal	

\*All sports rotate on a daily basis: Baseball • Tennis • Lacrosse • Golf • Soccer • Basketball • Track • Physical Fitness • Softball • Football • Hockey.

## FACILITIES



### EDUCATION HALL

Spacious athletic field areas adjacent to Education Hall include Baseball Field with Hitting Cage for live and machine pitching, Lacrosse and Soccer fields, Golf area, Basketball surface and large refreshment tent. Indoor air conditioned athletic instruction areas for rainy day, private cafeteria, and office area in Education Hall available on a daily basis. Tennis courts and instructional swim on campus as well.



DAILY SWIM INSTRUCTION - TEACHING POOL IS 4 FT. DEEP MAXIMUM