

The Essence of Team Sports

“ Team Sports are really difficult things. Sometimes your team wins because of you, sometimes in spite of you, and sometimes it’s like you’re not even there. That’s the reality of the team game. Then at one point in my career.... Something wonderful happened, I don’t know why or how.... But I came to understand what “team” meant. It meant that although I didn’t get a hit or make a great defensive play, I could impact my team in an incredible and consistent way. I learned I could impact my team by caring first and foremost about the team’s success and not my own. I don’t mean by rooting for us like a typical fan. Fans are fickle. I mean care, really care about the team... about “us”. I became less selfish, less lazy, and less sensitive to negative comments. When I gave up me, I became more. I became a captain, a leader, a better person and I came to understand that life is a team game... and you know what? I’ve found most people aren’t team players. They don’t realize that life is the only game in town. Someone should tell them. It has made all the difference in the world to me.”

Don Mattingly



Knights Basketball

STMA

Coach Bauer
10th grade basketball coach

“The will to prepare is the key to success”
Bob Knight

STMA

Knights Basketball

The Right Way the Knight Way



Coach Scott Bauer
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Tryout Information

Welcome to 10th grade basketball. I look forward to the year. Here are a few things that will help you prepare for the start of the season.

- 1) A tryout maybe necessary depending on the interest level for this year's team. The coaching staff feels that to make the necessary individual and team improvements a manageable roster is necessary. We will spend the first week of practice teaching, and evaluating to determine the top players. Your tryout evaluation will be based on three factors:

A) Skills- These are the attributes that you bring as an athlete. Things like catching, passing, shooting, rebounding, agility, quickness etc.

B) Citizenship- How well do you operate with others? Are you coachable? Are you selfless? Willing to put the team first?

C) Academics- You need to be a student athlete first.

All of these factors will be weighed to determine your position on the team.

- 2) You need to take care of some eligibility areas before our first practice. (see the Activities Office if you have questions)

* activity fee- this would be refunded if you don't make the team

* eligibility form stating you know the MSHSL rules and regulations

* physical- this needs to be done every 3 years.

- 3) **Practice:**

*Players who do not have STMA practice gear will have the opportunity to purchase or checkout practice gear. It should be worn each and every day to practice. T-shirts underneath are acceptable and recommended. Good quality shoes and socks are important. Bring a water bottle for practice and games. (towel optional) No other accessories like wristbands, headbands, or jewelry are necessary.

*Check your calendar for game and practice times.

Yours in Basketball,

Coach Bauer

Philosophy

STMA BASKETBALL WORKING AGREEMENT

Coach Bauer 497-2655 ext. 3300

1. **Players will be on time for practices, games. If situations arise where an athlete is going to be late or miss they should communicate the reason with the coach with a note or phone message.**
2. **Players will understand their role on the team and accept it for the good of the team. An individual may have to sacrifice individual goals to meet team goals. Team Basketball is 10 hands on Offense, 10 eyes on Defense.**
3. **Players will show respect to their teammates, coaches, opponents, and fans. Your behavior on and off the court matters. We want to represent ourselves, school, and our program with the utmost amount of class.**
4. **Players and parents will use appropriate times to express concerns or needs with the coaching staff. Practice will be closed unless arrangements are made.**
5. **Players will work to their potential in the classroom while maintaining school attendance. Failure to do so may result in practice or game suspensions.**
6. **Players must follow the rules and guidelines set by the MSHL or face the consequences set by the League.**
7. **Players need to make a commitment to their sport. Missed practices or games may result in less playing time, suspensions or dismissal.**
8. **Players will execute the fundamentals to the best of their ability. They will be coachable, and have the desire to reach their potential. We will always strive to work hard and play hard in practices and games.**

Detach and return :

I, _____, have read and agree to abide by the working agreement. If I choose to do otherwise, I will do so at the risk of disciplinary action. Furthermore, I am committed to the STMA team and the attainment of excellence.

Parent sign _____

Athlete sign _____

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