



GENERAL DESCRIPTIONS OF THE CPYHA CLINICS

A TASTE OF HOCKEY (August)

This clinic is designed for those players who aren't exactly sure if they want to play or not. They're curious, and just need a little "taste of hockey" to see if they like it. We think they'll love it once they start! This clinic will simply introduce the game, with emphasis on having fun, with basic skating and hockey skills added in. This clinic is open to both boys and girls.

ADVANCED GIRLS HOCKEY (September)

This clinic is designed for girls age 11 and over who are experienced players and looking for more intensive training prior to the upcoming season. Clinic emphasis is on skating, transitions, puck control, and shooting – all in an upbeat and fun environment.

MITE / SQUIRT CAMP (August)

This clinic is designed for the more advanced Mite, and all S squirt players, either boys or girls. The focus is on learning more advanced skills and technique, playing at a higher tempo, and within a more competitive environment.

MITE (September – October)

This clinic is for all Mite age players, both boys and girls. Our instructors will emphasize skating skills and technique, puck control and shooting. This clinic will help the Mite player prepare for both evaluations and the upcoming Mite season.

SQUIRT (September)

This clinic is for all S squirt age players, both boys and girls. Mite age players with well developed skills may participate in the S squirt Clinic. The emphasis of this clinic is on continued development of basic hockey skills including skating, puck control, and shooting. Introduction to situational play, including 1 on 1, 2 on 1.

PEEWEE (August – September)

This clinic is for all PeeWee age players, both boys and girls. The emphasis of this clinic is on more advanced development of hockey skills including skating, puck control, and shooting in a high tempo "overspeed" environment. Players will be introduced to basic body checking techniques (optional for girls) during the PeeWee clinic.

BANTAM (August – September)

This clinic is for all Bantam age players, both boys and girls. The emphasis of this clinic is on the development and reinforcement of advanced hockey skills, including skating, puck control, "read and react," shooting and shot selection in a high tempo overspeed environment. Players will be introduced to classroom learning sessions (optional for girls) during the Bantam clinic.

BOYS HS (August – October)

This clinic is open to all High School aged boys. The emphasis of this clinic is on the continued development and reinforcement of advanced hockey skills, including skating, puck control, "read and react," shooting and shot selection in a high tempo overspeed environment.

GOALIE (August – September)

This clinic is designed for all goalies from beginner through Bantams, both boys and girls. The emphasis of this clinic is basic through advanced goalie training and techniques. Goaltenders who sign up for this clinic can also attend the appropriate age level clinic (Mite, S squirt, PeeWee, Bantam) as a goalie. The goalie instructor will also attend several of these clinic sessions to work with the goalies in a smaller group setting within the framework of the age level clinic (Mite, S squirt, PeeWee, Bantam).

CPYHA OPEN HOCKEY (August)

This program is designed for the beginner to advanced level player, both boys and girls. This is not a "beginner's clinic" as there is no formal instruction. This is no check "4 on 4" or "5 on 5" hockey without referees, but with adult supervision, designed for the player to have fun and play in a wide open style. Emphasis is on creatively and play making. We attempt to divide the players by ability so they will play with and against players of similar ability each session.